

God Created Man and Woman

A Bible study about the gift of sex
and its proper use



Multi-Language Publications

Bringing the Word to the World

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Level 1, Book 15



Table of Contents

Getting Started.....	1
Chapter 1: Start by Being Sure God Loves You.....	3
Chapter 2: God Created Sex.....	15
Chapter 3: Let Jesus Be Your Guide.....	25
Chapter 4: “The Two of Them Will Become One”	35
Chapter 5: When Sex Goes Wrong.....	43
Chapter 6: “Do Everything for the Glory of God”	59
Word List.....	73
Answers to Chapter Tests.....	77
Final Test	78



Getting Started

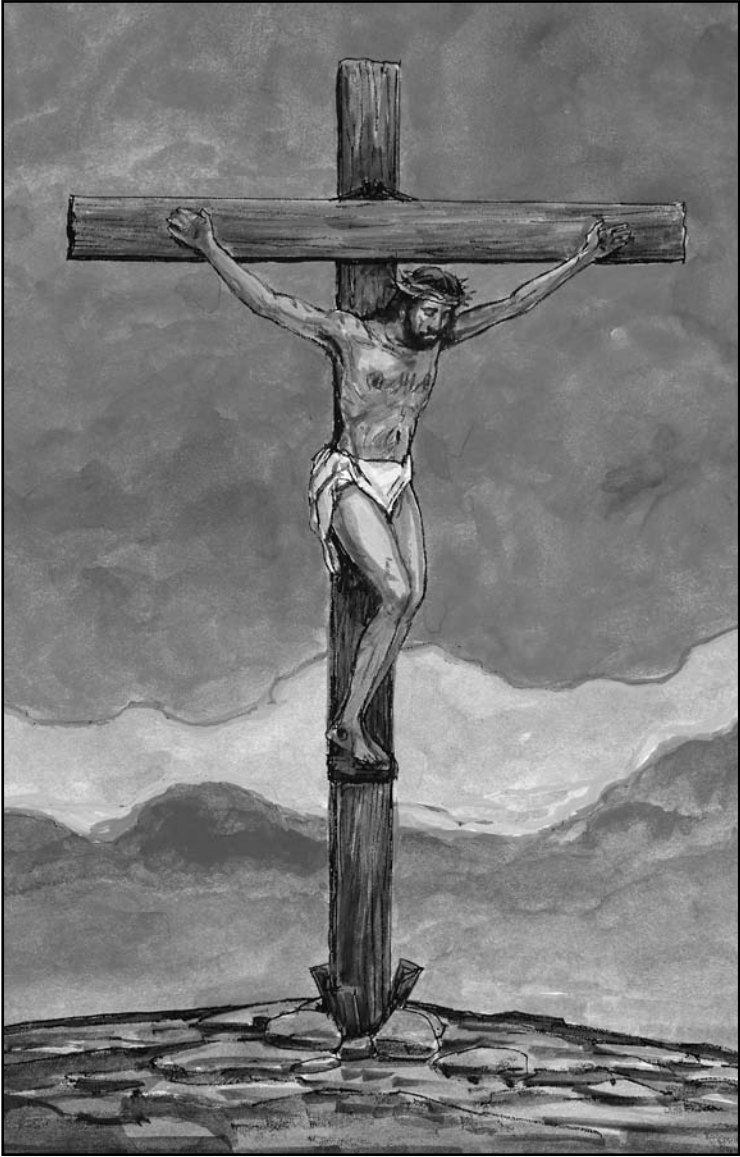
This book is about sex and sexuality and what God teaches us about these precious gifts.

Each of the six chapters begins with a list of goals marked by a small star (*). These goals tell you what you will be learning in that chapter. Within each chapter there are some questions for you to answer. At the end of the chapter there is a test. If you read the lesson carefully, you will be able to answer the questions in the test. If you go back to the beginning of the chapter and check the goals (*), you will see what you learned about those goals in the chapter.

After each set of questions, and after each chapter test, you will see a page number where you can find the correct answers to those questions. Check each of your answers and correct them if necessary. Make sure you understand each answer before you read any further.

At the end of the book is a final test. Before you take the test, go back and review the chapter tests. When you complete the final test, you can either turn it in to the person who gave you this book, or mail it to the address on the back cover. Someone will check the test and return it to you.

May God help you as you learn more about Jesus Christ and the guidance he can give you in the use of his gift of sex. He will surely bless your study!



Jesus dies on the cross.



Chapter One

Start by Being Sure God Loves You

There are many parts of your life you have remembered and looked at from time to time. You even may have asked for God's help and guidance in many things. What about your sexuality? Have you thought about asking God to be in charge of your sexuality as a man or a woman? Or are you thinking, "I cannot talk to God about THAT?"

Like everything else, the sexual part of your life will go better with God helping you, but it can be a mess if you try to be in charge of it yourself. You might have experienced some of that mess in the past. Maybe you have seen a family member or a friend put in jail because of a sex crime. Maybe you are not sure what it means to be a man or to be a woman. Maybe you are facing the temptation of same-sex activities. Maybe pornography, that is, looking at pictures of people having sex or people without clothes on, has become a big part of your life. Maybe the sexual part of your life has always been a mess.

Many people would never think of turning to God with questions about sex. But think about it: God is the first one you should turn to. He created sex. He created you. He loves you no matter how messed up and confused you are. He wants you to be his forgiven child so much that he had his Son Jesus die for you. Of course he is going to be truthful with you and help you in this area of your life.

In this chapter we will look at how:

- * God understands your needs.
- * You can be completely sure of God's unconditional love as you start dealing with your sexual life.

There are people do not want to bring their sex life to God because they are afraid. They are afraid that God will not understand their needs or that he does not care or that he will take all the fun out of their lives.

But the truth is just the opposite. Jesus said, "I have come so they can have life. I want them to have it in the fullest possible way" (John 10:10). God wants your life to be happy. And that includes the sexual part of your life. He wants to help you avoid being miserable. That is why he made rules like, "Do not commit adultery" (Exodus 20:14), and, "All of you should honor marriage. You should keep the marriage bed pure" (Hebrews 13:4). Doing things God's way will keep many painful and confusing things out of your life, like:

- Sexual diseases
- Babies born without a secure family
- The misery that comes from giving your heart and your body to someone and then losing that person, because you did not have a loving, lasting marriage
- Missing the joy of becoming one as a man and woman because you have gotten stuck in same-sex unions
- Becoming someone who only uses other people for pleasure, instead of being someone who shows love
- Becoming trapped in a sexual addiction.

A person who fills up on candy will spoil his appetite for a good dinner. The same thing can happen with sex. If you fill your life with unhealthy sexual pleasures, you will spoil your appetite for the good things that come with living your sex life God's way.

1. The sexual part of your life will go better with _____ in charge.
2. The sexual part of your life can be a mess

- with _____ in charge.
3. God should be the first one you turn to with questions and confusion about sex, because he _____ sex in the first place.
 4. God wants your life to be _____, and he wants to help you avoid being _____.
 5. Miserable things like sexual diseases given to other people, babies not having secure families, loveless sexual relationships, and sexual addictions can come from not following God's _____ for sex.

(Check your answers on the bottom of page 11)

There are many reasons to live your life God's way when it comes to sex. But you do not have to be afraid that he will not accept you and save you if you have not been living his way! God's love and salvation are not a reward you get for living right. His love and salvation are a free gift he gives: "God gives you the gift of eternal life because of what Christ Jesus our Lord has done" (Romans 6:23).

Most people do not know what the Bible says about God's love. They think that the more they live right, the more God is going to love them, and the better chance they will have of being saved. But that is not how it works. The Bible teaches that God loves you and accepts you just as you are. Jesus took all the blame for anything that is wrong with you when he died on the cross. He did this to make you a new person, to make you God's man or God's woman. Your life will be less miserable and confusing as you start living God's way. But it will not make God love you more than he does now, because God already loves you with all his heart.

God wants to help you make good and positive changes in your life. And he knows that if you are sure that he loves and accepts you, you will be more willing and eager to see changes in your life than if you were afraid he might not love and accept you. In the Bible there is the story of some religious leaders who caught a woman having sex with a man to whom she

was not married. They dragged her to Jesus and demanded that he find her guilty so they could stone her to death. Jesus got rid of them and told her, "I don't find you guilty. Go now and leave your life of sin" (John 8:11). That is how it works: Your Savior God forgives you and accepts you completely. In the safety of his unconditional love you can start to live a new life. And that includes your sex life.

6. God's love and salvation are a free _____, not a _____ you get for living right.
7. Jesus took all the blame for you when he died on the _____.
8. You will be better able to make positive changes in your life if you are sure of having God's _____ and _____ than if you are afraid God might reject you.

(Check your answers on the bottom of page 11)

Review of Chapter One

Most of the time people do not think about asking God to be in charge of the sexual part of their lives. They do not want to ask even if that part of their lives is a mess. They are afraid that God will not understand or care about their needs. The truth is, though, that God does understand our needs. He wants the sexual part of our lives to be happy, just like the rest of our lives. That is why he gave us his rules for sexual behavior. He wants to help us avoid the problems and the misery that come from misusing sex.

God's love and acceptance are yours because of Jesus, not because of who you are or what you have done. God will not love you more if you have obeyed his rules for sex. And he will not love you less if you have disobeyed those rules. God loves you just as you are, with an unconditional love. Jesus died on the cross to pay for any and all sins you have done. He did this to make you a new person. He wants you to love him, and he wants you to be sure of his

love for you. God knows that if you are sure he loves and accepts you, you will be more willing and eager to see changes in your life than if you were afraid he might not love and accept you.

Answers to the questions in Chapter One:

1. God; 2. you; 3. created; 4. happy, miserable; 5. rules; 6. gift, reward; 7. cross; 8. love, salvation.

Test on Chapter One

1. The sexual part of your life will be better with _____ in charge of it, and it can be a mess with _____ in charge.
2. _____ created sex, so he should be the _____ one you turn to with questions and confusion about sex.
3. God _____ you no matter how messed up your life is.
4. In John 10:10 Jesus says, "I have come so they can have _____. I want them to have it in the possible way."
5. Put a check mark by the miseries that come from not following God's plan for sex:
 A) Sexual diseases
 B) Babies are born without secure families
 C) Safe, loving homes
 D) Sexual addictions
 E) Life-long, love-filled relationships

6. True or False? *Circle the correct answer.*
T or F - First you must live God's way
before he accepts you and saves you.
7. Jesus took all the _____ for you
when he died on the cross.
8. Jesus' death on the cross means you can
be _____ that God
forgives you.
9. Which will help you more in making positive
changes in your life? *Check the best
answer.*
____ Fear that you might lose God's love
and acceptance
____ Confidence that you have God's love
and acceptance

(Check your answers on page 77)